

**MEDFORD TOWNSHIP PUBLIC SCHOOLS
Department of Pupil Personnel Services**

Participation in Sports Programs

Dear Parent(s)/Guardian(s):

Please read the following information carefully. It provides guidance regarding the medical form(s) necessary for your child to participate in his/her selected sport. ***These forms must be completed in their entirety and handed in to the school nurse by the due date noted on the reverse side of this letter.*** All forms are forwarded to our school physician for his review and final clearance, allowing your child to participate in their elected sport. Any form that is not filled out completely will be returned to you. Incomplete forms or forms arriving late may prevent your child from starting the sport on time.

PHYSICAL FORMS – (*For students who have not undergone a physical examination within the past 365 days*)

In accordance with N.J.A.C. 6A:16-2.2 (h1) an examination of each candidate, in grades 6 through 12, for a school sponsored Interscholastic or Intramural sport or team, shall be conducted within 365 days prior to the first practice session. The findings from this examination must be reported on the New Jersey Department of Education's Annual Athletic Pre-Participation Physical Examination Form.

Part A - Health Questionnaire – parent(s)/guardian(s) must complete

Part B - Physical Examination Form, examining physician (MD or DO) or nurse practitioner must complete. **Chiropractors may not perform the physicals or complete the forms.**

HEALTH HISTORY UPDATE FORMS – (*For students who have undergone a physical examination within the past 365 days*)

This form must be completed before the start of every new sport your child wishes to participate in. It details any medical problems/changes experienced since the last medical examination. Any changes in your child's health status must be reviewed and cleared by the school physician prior to starting the sport.

INHALERS

If your child uses an inhaler they must have an Asthma Action Plan on file in the nurse's office documenting its use during school hours, after school activities, and during sports when the nurse is not present. This must be renewed every year.

EPINEPHRINE INJECTORS (EPI-PEN/TWINJECT)

If your child has an epinephrine injector (epi-pen, twinject) for life threatening emergencies, an Anaphylaxis Emergency Care Plan must be on file in the nurse's office. This form must be renewed every year.

If you do not have a family physician or you have any questions, please contact your child's school nurse.

**Memorial School
(609) 654-7707, ext. 8316**

**Haines 6th Grade Center
(609) 654-4056, ext. 8534**